



Have Hope Inc. facilitates the learning of life skills through Exposure, Enrichment, and Enhancement so youth develop and achieve their full potential and independence.

Have Hope Inc. provides youth with pertinent educational and/or experiential opportunities that include but aren't limited to:

- Planning/Organizing
- Goal Setting
- Stress Management/Managing **Feelings**
- Self-Awareness
- Accepting Differences
- Problem Solving
- Communication
- Assertiveness/Leadership
- Personal Safety
- Self-Care
- Sex Education
- Healthy Interactions with family, peers, and significant others
- Networking/Building Relationships & Making Wise Use of Resources

- Using Public Transportation
- Time management
- Service Learning
- Self-Presentation/Professionalism
- Job readiness/Work Ethic/ Preparedness for Career/Obtaining/ Maintaining Employment
- Behind the Wheel driving hours
- · Establishing/Building and **Maintaining Credit**
- Cooking
- Opening up Bank Accounts
- Budgeting
- Healthy Lifestyle Choices (Mental, Physical and Spiritual)

